



Hang Ups

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SESSION ONE

HANG UPS: CASUAL CHRISTIANITY

Key Scriptures

Mark 15:23-25

II Samuel 6:5-7

Opening

Ask the group: How would you define the term “casual”? What types of behaviors denote a casual mindset or attitude?

Watch the session 1 video.

Discuss the following questions:

1. When we dress casually, we do so because it is comfortable. Do you think our walk with God will always be comfortable? Explain.
2. What do you think are some of the games people play with God?
3. Consider those who played games at the foot of the cross-what do we miss out on when we play games with God?
4. Tell about a person in your life who is not a casual Christian. In what ways does this person inspire you?
5. What are some things we can do this week to help us not be casual in our walk with God?

Notes:

[illegible]

SESSION TWO

HANG UPS: CAMOUFLAGE CHRISTIANITY

Key Scriptures

Mark 14:29-31; 66-72

Opening

Ask the group to think of a time they tried to “blend in” with a certain group of people. What did you do? Why did you do it?

Watch the session 2 video.

Discuss the following questions:

1. What is the purpose of camouflage?
2. What are some ways we wear camouflage spiritually?
3. Why do you think many people have a desire to fit in with others around them? Is this a good thing or a bad thing?
4. Tell about someone in your life who lives out loud for Jesus.
5. What can we do this week to not camouflage our faith?

Notes:

[illegible]

SESSION THREE

HANG UPS: THROWBACK CHRISTIANITY

Key Scriptures

Matthew 27:3-5

Opening

Ask the group to think about their style (how they dressed, did their hair, etc.) from 5 years ago. Looking back, are you proud or does it make you cringe? What about 10 years? 20 years?

Watch the session 3 video.

Discuss the following questions:

1. Why is it hard for us to believe God forgets our sins?
2. Do you think Jesus would have forgiven Judas if he would have asked Him? Why or why not?
3. Do you think there is anyone who has done something so bad Jesus will not forgive them? Why or why not?
4. Why is it tempting sometimes for us to keep picking back up our old sins instead of leaving them with God?
5. In light of how God treats people with a problem past, how should we treat others who have failures in their past?

Notes:

[illegible]

SESSION FOUR

HANG UPS: DIRTY CHRISTIANITY

Key Scriptures

John 13:7-9

Matthew 8:19-20

Luke 9:23-24

Notes:

Opening

Ask the group to think about the idea of worth. What makes something valuable? Is worth inherent or is it assigned?

Watch the session 4 video.

Discuss the following questions:

1. What hang-ups that we have discussed in this series connected the most with you and why?
2. Has following Jesus ever made you uncomfortable? Explain.
3. Why do you think we resist doing the uncomfortable things in our walk with God?
4. In what ways can we fulfil the purpose of God in our lives despite discomfort?
5. What are some practical ways we can encourage ourselves and each other to hang up on our hang-ups?

