



**Dear Girls**



# Session 1: You Are Chosen

## Acts 9

We all have been through seasons in our lives when the last thing we felt was chosen by God. Here's the thing about God: no matter what your current situation looks like, you are never disqualified from your calling. God has called you for such a time as this. You are chosen.

1. Have you been called by God? If so, how did you feel when you were called? Has that feeling changed?
2. Have you ever felt disqualified from your calling? If so, how did God restore you?
3. Was there a time in your life when you questioned your calling? If so, how did you strengthen your faith in God and reclaim the calling He gave you?

Your past does not disqualify you from your calling. Who your family is or isn't does not disqualify you from your calling. God is the ultimate qualifier, and He handpicked you to fulfill the calling He gave you. Walk boldly in your calling with godly confidence because you are the best one for the job.

[illegible]

## Session 2: Authentically You

Jeremiah 1:5; 29:11; Romans 12:3

We live in a world where social media is king—where if it's not posted on social media, it didn't happen or at least it wasn't very important. The digital age has created a culture of never-ending comparisons. We often find ourselves trapped in a cycle of comparing our journeys to others'. The freeing truth is that God did not create you to go on someone else's journey. God did not create you to fulfill someone else's plan. He created a plan strategically designed for you. He created you to be 100 percent, authentically you.

1. What are some areas in your life where you have struggled to be your authentic self? What do you think is causing you not to be your true self in these situations?
2. Do you fear being your authentic self? If so, why? What are some ways you can overcome this fear?
3. What are some things you can do to help yourself live a more authentic life?

God has designed a plan for you, a plan that no one else can complete. He did not call you to be someone else; He called you to simply be you. Live in the freedom that God has a perfect plan, and you are the right one for the job. You are enough. You have been made worthy through Jesus, so live authentically.

[illegible]

## Session 3: Find Your Place

## Luke 10:38-42

Prayer is the gateway to aligning ourselves with the plan God has set before us. We live in a busy world where we are used to the “never stop grinding” mentality, constantly being overscheduled. What if we stopped and lingered at the feet of Jesus a little longer? What would happen if we blocked out the noise and allowed God to speak to us and work through us by staying just a little longer in prayer?

1. What are some things that take you away from being fully present in your time of prayer
2. What are some things that need to be taken out of your life in order to align yourself with God in prayer?
3. How will you make time to linger at the feet of Jesus?

There are times when staying a little longer in prayer will not be the most popular choice, but it is in those moments that God will reveal Himself to you in extraordinary ways. Make up your mind, like Mary did, that what God has for you in that moment is more important than your agenda.

[illegible]

## Session 4: Trust in Him

## Genesis 45:5-8

At times we don't understand why God is allowing us to go through certain situations. In those uncomfortable seasons, God is calling us to grow. We must cultivate good things in our lives during uncomfortable seasons and allow God to take us deeper in our walk with Him.

1. What is a situation in your life where you can look for something good to cultivate?
2. In what areas of your life do you think God is asking you to grow?
3. How do you plan to cultivate your life during your current season? Are there areas of ministry where you want to get more involved?

We must cultivate our lives and grow during each season rather than being focused on our questions. Focus on what God may be trying to teach you and how He is preparing you for your promise. Allow God to produce fruit from your barren season. Grow in your uncomfortable season.

[illegible]