

## **Session 1: Favorites**

### **Key Scriptures**

Jeremiah 29:11, NLT

### **Opening Remarks:**

Our value comes from God. When we doubt our significance, we ultimately are questioning God's love for us. In this opening session, we will look at what it means to be favored by God.

#### **Watch Session 1 Video**

### **Questions:**

- 1. How do God's words in Jeremiah speak to you about favor?
- 2. How does jealousy inhibit love?
- 3. What are some ways you can show kindness to others (as a result of being spiritually mature)?

## **Closing Remarks:**

Jealousy is a sickness. It makes us feel small and insignificant. God's love is the cure for such a sickness. When we believe He is for us, has plans for us, and desires to bless us, we can be secure in knowing we are special to Him.

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# **Session 2: Choices**

### **Key Scriptures:**

Hebrews 12:14, NLT

### **Opening Remarks:**

The choice to give evil for evil is always ours. But though retaliation might make us feel good, proving we are right is not always righteous.

## Watch the Session 2 Video

#### **Discussion Questions:**

- 1. How should we respond to those who hurt us?
- 2. What are ways we can nurture righteousness every day?
- 3. How can you create a culture of peace in your family, church, or peer group?

### **Closing Remarks:**

Life is filled with difficult people and circumstances. It's our choice to bless or to curse, to give or to take. In every situation, we must seek to please God first, and to live at peace with others, as much as is possible.

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# **Session 3: Dreams**

### **Key Scriptures:**

Daniel 2:22, NLT

### **Opening Remarks:**

Often a dream gives us a glimpse of the unknown. God reveals secrets and gives direction, but sometimes He does this while we are still and at rest.

### Watch the Session 3 Video

### **Discussion Questions:**

- 1. Have you ever had a dream you felt was from God?
- 2. How can knowing the future affect us?
- 3. Why does God use dreams to get our attention?

### **Closing Remarks:**

God will use what you already know to bring deeper understanding about situations in your life. Dreams are one of the ways He gives direction to us. If we trust Him with all our heart and look to Him for answers, He will direct our path.

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# **Session 4: Peace**

### **Key Scripture:**

Proverbs 16:7, NLT

## **Opening Remarks:**

The peace of God is like a door we must walk through. It's there; it's available. But we must be determined to open the door, walk inside, and stay there in His peace.

### Watch the Session 4 Video

#### **Discussion Questions:**

- 1. Why do we hold on to worry and wrongs?
- 2. Why are peacemakers not always received?
- 3. How can we entertain the peace of God?

### **Closing Remarks:**

Blessed are the peacemakers for they shall be called the children of God. The Lord is a peacemaker, and He does this by speaking the truth to us in love. If we can love truth and love people, we can make peace.

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